<table>
<thead>
<tr>
<th>WHAT IS MY PASSION?</th>
<th>RELATED VOLUNTEER EXPERIENCE</th>
<th>SKILLS...</th>
<th>WHICH COULD LEAD TO...JOBS</th>
</tr>
</thead>
</table>
| A Protecting the environment | Cleanups at community centre, trails, or parks; community gardening; supporting environmental sustainability programs | • Organizational  
• Interpersonal  
• Manual | Environmental engineer; land use planner; waste management; recycling; ecologist; horticulturalist |
| B Fighting poverty | Building homes; advocacy or information campaigns; shelters and food programs; food, clothing and supply drives | • Leadership  
• Organizational  
• Manual  
• Communication  
• Financial | Social worker; social services worker; documentary or report writer; community worker advocacy; food service; politics |
| C Caring for people and animals | Community support programs for seniors, adults, children or people with special needs; friendly visiting or buddy programs; tutoring; crisis centre help line; spiritual support; cleaning; language translation; Animal shelter helper; pet visitor to seniors; horseback riding therapy | • Leadership  
• Personal Qualities  
• Interpersonal  
• Organizational  
• Manual | Teacher; social worker; hospitality; child care; personal support worker; counselor; police/security; human resources |
| D Event planning and promotion | Planning special events and programs for seniors, adults and children; cross-cultural events; public relations and promotion; social media and website management; fundraising; canvassing; | • Leadership  
• Organizational  
• Interpersonal  
• Communication  
• Technology  
• Creative | Hospitality & tourism; event planner; fundraiser; community programmer; marketing/sales manager; entrepreneur; motivational speaker |
| E Sports and recreation | Sports coaching; recreation therapy; after-school or camp programs; training; sport workshops | • Leadership  
• Communication  
• Organizational  
• Interpersonal  
| Sports medicine practitioner; personal trainer; physical or recreation therapist; recreation facility management |
| F Healthy living and education | School nutrition; community centre health and wellness; emergency/first aid; tutoring and literacy programs | • Leadership  
• Communication  
• Personal Qualities  
• Organizational  
• Manual | Health care practitioner; nurse; physical therapist; dietician; paramedic; doctor; fitness instructor; food services; teacher |
| G Community development | Board member; events/fundraising committee member; advocacy campaign; city or neighborhood planning committee | • Organizational  
• Communication  
• Leadership | Corporate/financial management; business planner; executive director; negotiator; consultant; research and development |
| H Managing resources and information | Reception; information services; library/resource centre assistant; computer support or instruction; board treasurer; food bank managing/ sorting/delivery | • Organizational  
• Technology  
• Numeracy  
• Financial  
• Leadership | Office manager; IT technician; supervisor; government services; librarian; researcher; accountant; customer service |
| I Creating the arts | Painting; gardening; building; landscaping; music or arts programs; promotion/campaign materials; speaker’s bureau; community theatre/museum - wardrobe/set | • Technology  
• Writing  
• Organizational  
• Creative | Designer; artist; seamstress/ tailor; construction or trades worker; gardener/landscaper; musician; museum curator; theatre management |

Adapted with permission from The Volunteer Action Centre Waterloo Region